

**Woodville Independent School District  
Health Services  
Emergency Care Plan  
Seizure Disorder**

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_\_  
Mother: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
Father: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**SYMPTOMS OF A SEIZURE EPISODE MAY INCLUDE ANY/ ALL OF THESE:**

- Tonic-Clonic Seizure
  - Entire body stiffens, jerking movements
  - May cry out, turn bluish, be tired afterwards
- Absence Seizure
  - Staring spell, may blink eyes

**Staff Members Instructed:** \_\_\_ Classroom Teachers \_\_\_ Administration \_\_\_ Support Staff

<b>Treatment</b>
<ol style="list-style-type: none"><li>1. Stay calm and clear the area around the student to avoid injury.</li><li>2. PROTECT HEAD FROM INJURY.</li><li>3. DO NOT RESTRAIN THE STUDENT.</li><li>4. DO NOT PUT ANYTHING IN THE STUDENT'S MOUTH.</li><li>5. Place student on side if possible, speak to student in reassuring voice.</li><li>6. Stay with until help arrives.</li><li>7. Student should be allowed to rest following a seizure, call parent</li><li>8. If the seizure continues longer than 5 minutes or another seizure starts without the student regaining consciousness, call 911 and the student parents should be notified while EMS is in route to pick up student.</li></ol>

**Instructions:**

\_\_\_\_\_

\_\_\_\_\_

Physician Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

Nurse's Signature: \_\_\_\_\_ Date: \_\_\_\_\_